

- **Pro Race Rules**

- **Start procedure**

- **At 2 minute warning, line up upstream from starting line and drift to starting line. When starter is satisfied with line, the start command will be “Ready, Go”. Anyone false starting or drifting ahead of the start line will be assessed a time penalty of at least two minutes. In the event of a false start or (at the starter’s discretion – any occurrence interfering with a fair race) a recall will be signaled by 3 blasts of an air horn.**

- **We will make every attempt to start on time. Out of respect for paddlers who have flights to catch – please be ready to start at the designated time.**

- **Portage** – must be out of water in the designated portage area.
  - Special arrangements will be made for competitors unable to portage their own boats. Contact the race director for details before the race. With prior approval, these racers will paddle to the portage take-out, turn and continue with the course. Six minutes per portage (18 minutes total) will be added to their times.
  - Except for the marked portages, kayaks must remain in the riverbed. Leaving the riverbed to advance the kayak constitutes an illegal portage. To remain in the “riverbed”, contestants must be in the water, shoes wet. Paddlers may get out of their kayak to clear obstructions, sandbars etc.
- **Finish Line** Racers must finish between the buoy and the dock.
- **Turns / Overtaking / Passing / Packs**
  - It is the duty of the overtaking craft to keep clear at all times of the boat being overtaken.

- Any competitor who is responsible for a collision, or who damages the kayak or paddle of another may be disqualified
  - Commonly accepted rules of sportsmanship will prevail. Intentional capsizing or damaging an opponent's canoe, or other flagrant un-sportsmanlike conduct, will mean disqualification.
- **Assistance:** Contestants may receive food, water and extra paddles during the race. No one is allowed to help convey or advance a contestant. Kayaks may be removed from the river by the contestants for repairs or due to illness or injury, but must reenter the river at the point of exit. Contestants may receive assistance with repairs.
- A competing kayak shall not benefit from a non-competing watercraft by means of a tow or pull, wake riding, pacing, leading or feeding from a non-competing watercraft.
- In the event a competing kayak capsizes, (or incurs significant damage such as a hole or bailer problem which threatens its ability to stay afloat), the contestants may receive assistance from a designated safety patrol boat or other watercraft. This activity is limited to returning the kayak to an upright position, assisting the contestants to get back into their kayak, repair the damage or bringing the kayak safely to shore. Also, in the event a paddler requires medical attention the contestants may seek such assistance from a designated safety patrol boat or other watercraft. If as the result of one of these procedures the kayak has moved forward, it should be returned to the previous spot before the team continues the race.
- For the safety of competitors, cut-off times have been established at the following timing points along the racecourse. Teams that require more than the following time to reach any one of the listed locations will be disqualified and must leave the race course or return to the finish line (at discretion of safety personnel) at that point

| Timing Locations | Time behind leader |
|------------------|--------------------|
| End First Loop   | 45                 |

|                    |      |
|--------------------|------|
| End of Second Loop | 1:30 |
|--------------------|------|

- The race is officially concluded 2 hours after the first place finisher. The Race Committee ceases all racecourse functions at that time. Paddlers who do not finish within the time cut-off do not qualify for awards.
- Paddlers dropping from the race MUST report to timers at the starting area to sign out of the race.
- Imposition of any sanction or penalties is the responsibility of the Competition Committee. The Competition Committee reserves the right at all times to modify, amend or abbreviate the rules and to impose modify or waive any penalty or sanction.
- Time penalties are from a minimum of 2 minutes to a maximum of 15 minutes. The competition committee will impose the sanctions. All sanctions are final.

**Caution**

**Be aware that fishermen may have lines out. Crew shells train on this entire stretch of river – it is safe for kayaks with under-stern rudders if you do not go too close to shore on the upstream sections.**